Questions to ask when looking for Child Care
How will I know this the right fit for my family?

**Will my child be safe and healthy?**
- Will the same program staff take care of my child regularly?
- Is there a family handbook explaining the policies (such as guidance and discipline)?
- Are healthy meals and snacks provided?
- How many children are cared for daily in the program?

**Will my child’s development be supported?**
- Is there a daily routine and planned activities?
- How will my child’s home language and culture be supported?
- Are TV, computer, and other screen times limited?

**Do children and families feel supported by the program?**
- Are children and families welcomed by program staff?
- Are families invited to visit and participate in the program?
- How does the program regularly communicate information with families?

**What is the experience and education of the staff working with my child?**
- How long has the program staff been providing child care?
- What training and education do the program staff have?
- Is the program participating in Oregon’s Spark?

**Will the environment allow my child to learn and grow?**
- Is the environment clean, comfortable and friendly?
- Is there enough indoor and outdoor space for movement and play?
- Are there enough materials, books, and toys for children?

**Can you see positive relationships in the program?**
- Do program staff smile at, talk with, and listen to children?
- Do program staff play with and read to children?
- Are children playing together?
Before you visit a child care program think about:

What are the most important things to your family while searching for child care?

1. _____________________________________________________________________________
   _____________________________________________________________________________

2. _____________________________________________________________________________
   _____________________________________________________________________________

3. _____________________________________________________________________________
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